

Name:

Date:

File number:

Eysenck Questionnaire

Instructions: Please answer each question in the relevant circle, referring to **YES** if the statement is generally true of you or **NO** if it does not generally apply to you.

1	Do you often buy things on impulse?	Yes <input type="radio"/>	No <input type="radio"/>
2	Would you prefer a job involving change, travel and variety, even though it might be insecure?	Yes <input type="radio"/>	No <input type="radio"/>
3	Do you like planning things carefully well ahead of time?	Yes <input type="radio"/>	No <input type="radio"/>
4	Do you usually make up your mind quickly?	Yes <input type="radio"/>	No <input type="radio"/>
5	Do you often get into a jam because you do things without thinking?	Yes <input type="radio"/>	No <input type="radio"/>
6	Do you quite enjoy taking risks?	Yes <input type="radio"/>	No <input type="radio"/>
7	Do you save regularly?	Yes <input type="radio"/>	No <input type="radio"/>
8	Can you make decisions quickly?	Yes <input type="radio"/>	No <input type="radio"/>
9	Do you generally do and say things without stopping to think?	Yes <input type="radio"/>	No <input type="radio"/>
10	When the odds are against you, do you still usually think it worth taking a chance?	Yes <input type="radio"/>	No <input type="radio"/>
11	Would you rather plan things than do things?	Yes <input type="radio"/>	No <input type="radio"/>
12	Are you slow and unhurried in the way you move?	Yes <input type="radio"/>	No <input type="radio"/>
13	Do you usually think carefully before doing anything?	Yes <input type="radio"/>	No <input type="radio"/>
14	Would you enjoy parachute jumping?	Yes <input type="radio"/>	No <input type="radio"/>
15	Would you make quite sure you had another job before giving up your old one?	Yes <input type="radio"/>	No <input type="radio"/>
16	Can you put your thoughts into words quickly?	Yes <input type="radio"/>	No <input type="radio"/>
17	Are you an impulsive person?	Yes <input type="radio"/>	No <input type="radio"/>
18	Would life with no danger in it be too dull for you?	Yes <input type="radio"/>	No <input type="radio"/>
19	Would regular health checks make you feel better?	Yes <input type="radio"/>	No <input type="radio"/>

Eysenck, S.B.G., & Eysenck, H.J. (1977). The place of impulsiveness in a dimensional system of personality description. *British journal of Social and Clinical Psychology*, 16, 57-68.
Traduit et adapté par Jacques, C. Ferland, F., Giroux, I. & Bouchard, C. (1997).
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20	Do you prefer to "sleep on it" before making decisions?	Yes <input type="radio"/>	No <input type="radio"/>
21	Do you often do things on the spur of the moment?	Yes <input type="radio"/>	No <input type="radio"/>
22	Would you enjoy fast driving?	Yes <input type="radio"/>	No <input type="radio"/>
23	When you go on a trip, do you like to plan routes and timetables carefully?	Yes <input type="radio"/>	No <input type="radio"/>
24	Are you usually carefree?	Yes <input type="radio"/>	No <input type="radio"/>
25	Do you often get involved in things you later wish you could get out of?	Yes <input type="radio"/>	No <input type="radio"/>
26	Would you do almost anything for a dare?	Yes <input type="radio"/>	No <input type="radio"/>
27	Are you rather cautious in unusual situations?	Yes <input type="radio"/>	No <input type="radio"/>
28	Do you mostly speak before thinking things out?	Yes <input type="radio"/>	No <input type="radio"/>
29	Do you often change your interests?	Yes <input type="radio"/>	No <input type="radio"/>
30	When buying things, do you usually bother about the guarantee?	Yes <input type="radio"/>	No <input type="radio"/>
31	Do you get so "carried away" by new and exciting ideas that you never think of possible snags?	Yes <input type="radio"/>	No <input type="radio"/>
32	When on holiday, do you look for relaxation instead of excitement?	Yes <input type="radio"/>	No <input type="radio"/>
33	Do you prefer activities that "just happen" to those planned in advance?	Yes <input type="radio"/>	No <input type="radio"/>
34	Do you need to use a lot of self-control to keep out of trouble?	Yes <input type="radio"/>	No <input type="radio"/>
35	Do you get bored more easily than most people, doing the same old thing?	Yes <input type="radio"/>	No <input type="radio"/>
36	If it were practically possible, would you like to live each day as it comes along?	Yes <input type="radio"/>	No <input type="radio"/>
37	Before making up your mind, do you carefully consider all the advantages and disadvantages?	Yes <input type="radio"/>	No <input type="radio"/>
38	Do you often long for excitement?	Yes <input type="radio"/>	No <input type="radio"/>
39	Do you think an evening out is more successful if it is unplanned or arranged at the last moment?	Yes <input type="radio"/>	No <input type="radio"/>
40	Do you get extremely impatient if you are kept waiting by someone who is late?	Yes <input type="radio"/>	No <input type="radio"/>
41	Would you agree that planning things ahead takes the fun out of life?	Yes <input type="radio"/>	No <input type="radio"/>
42	Do you hate standing in a long line-up for anything?	Yes <input type="radio"/>	No <input type="radio"/>
43	Are you an easy-going person, not generally bothered about having everything "just so"?	Yes <input type="radio"/>	No <input type="radio"/>

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