

CRAFFT

	YES	NO
C Have you ever ridden in a C ar driven by someone (including yourself) who was high or had been using alcohol or drugs?	_____	_____
R Do you ever use alcohol or drugs to R elax, feel better about yourself, or fit in?	_____	_____
A Do you ever use alcohol or drugs while you are by yourself Alone?	_____	_____
F Do you ever F orget things you did while using alcohol or drugs?	_____	_____
F Do your F amily or F riends ever tell you that you should cut down on your drinking or drug use?	_____	_____
T Have you ever gotten into T rouble while you were using alcohol or drugs?	_____	_____

Scoring 1 or more positive items indicate the need for further assessment.

The CRAFFT is intended specifically for adolescents. It draws upon adult screening instruments, covers alcohol and other drugs, and calls upon situations that are suited to adolescents.

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Bibliography (link)