

Rights and responsibilities

- **Consent by the parents of children aged 0 to 13, and consent by the patient aged 14 years and over:** Necessary for a referral to the YIT and for the sharing of information between partners.
- **Voluntary and informed consent:** The information needed to make a decision was provided, questions were asked, the process is understood by the patient and their family.
- **Withdrawable consent:** The consent may be withdrawn by the patient or their family, in whole or in part, at any point during the process.
- All parties involved are committed to confidentiality.
- The young person and their family are committed to actively participating in the process.
- The partners are committed to actively participating in the process.
- During the YIT process, the duration of the ISP meeting will be determined in advance based on needs (2-3 hours).

This brochure was given to you by:

Healthcare professional's name:

Job title:

Contact information:

Our mission

To maintain, improve, and restore the health and well-being of the Québec population by making accessible an array of integrated and quality health and social services, while contributing to the social and economic development of Québec.

Our vision

Accessible and efficient health care and services that adapt to the needs of Québécois.

Our goals

The CISSS de la Montérégie-Ouest achieves its goals through its innovative approaches and stands apart through:

- its exemplary offer of care and integrated services based on interdisciplinarity, accessibility, and adaptability to the needs of its population;
- its willingness to question and improve its professional, clinical, and administrative practices;
- its appreciation of its personnel and the implementation of human resource management practices;
- its strong relationships with its partners.

Our values

Our actions are guided by five equal and interconnected values:

- Compassion;
- Collaboration;
- Commitment;
- Confidence;
- Consistency.

A PARTNERSHIP CENTERED ON THE NEEDS OF THE YOUNG PERSON AND THEIR FAMILY

To better guide you



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What is the Youth intervention team (YIT)?

The Youth intervention team helps improve access to, continuity and quality of the various services for young people and their families coping with multiple, complex issues that require intervention by the partners.

The Youth intervention team is made up of the YIT coordinator and the YIT liaison officers.

Who does the YIT work with?

The YIT provides services to:

- Young people aged 0 to 17 and their families, or young people aged 0 to 21 with a disability or an autism spectrum disorder and their families.
- Young residents of the territory covered by the CISSS de la Montérégie-Ouest.
- Young people and their families having never received services from a healthcare institution or receiving services that are suboptimal (organization and/or coordination issues).

How does the YIT work?

- Once the request has been submitted by the partner or the healthcare professional, the YIT coordinator establishes the plan based on the case and the information received. They refer the young person and their family to:
 - **Interdisciplinary service plan:** Active participation by the young person and their family is essential.



“Needs of patients and their families”

- **YIT round table:** Participation by the young person and their family is not mandatory. A YIT round table is held when no professional from the health and social services network is currently assigned to the young person and their family, and there is a need to clarify the situation and create an interdisciplinary intervention plan or a service plan for the young person and their family.

Under what circumstances can a request be submitted to the YIT?

- Lack of a shared vision of the situation affecting the young person and their family.
- Inability of the institutions concerned to meet the needs of the young person and their family.

- Unrealistic expectations on both sides.
- Need for service coordination.
- Issues affecting service delivery.
- Impasse for the young person and their family.

What is the desired outcome of a referral to the YIT?

- Create a team to work with the young person and their family.
- Facilitate the partnership.
- Promote access to and continuity of services for the young person and their family by offering innovative solutions.
- Reduce tension and break impasses.
- Identify solutions focused on the needs of the young person and their family.